

29/03/20 Virtual Church - Peace Like A River

CCh04 Age 5-6

Last updated: 15:10 Mar 24, 2020 by Jane Lear

Session Aim

In this session we'll look at the two ideas of being peace-making and peace-filled.

Duration

Actual time: 35 mins

Bible Verses

1 Samuel 25, Matthew 5:9, Mark 4:35-41, Galatians 5:22-23, Philippians 4:6-7.

Five Minutes Peace

Teaching Time

10 mins

 Story

Start off by reading the story *Five Minutes Peace*. Ask the children if they think we can learn anything from this story. What does having five minutes peace mean? Have they ever heard their mum or dad ask for the same thing?

Say that having peace isn't just about having a bit of time to ourselves - it's about how we feel right down deep on the inside. Peace is about knowing that God is in control and everything will be ok because we trust him. Say that there's a famous bit in the Bible that talks about peace and how you get it.

Read Philippians 4:6-7: *Don't worry about anything, but pray about everything. With thankful hearts offer up your prayers and requests to God. Then because you belong to Jesus, God will bless you with peace that no one can completely understand. And this peace will control the way you think and feel.*

Either in smaller groups or altogether, use these questions to unpack the verses:

- What kind of things do we worry about?
- What does this verse tell us about worrying?
- What should we do instead?
- What do the verses say about how our hearts should be when we're praying to God?
- What can we be thankful for today?
- What will happen if we do all this? [We'll get peace - v. 7]
- How will this happen? [No one understands!]
- But what will getting peace do? [Control how we think and feel.]
- Can you sum up these verses in your own words so that you will remember the idea?

The Point: To unpack what it means to have peace.

Equipment

Five Minutes Peace by Jill Murphy (Walker books), Bible (CEV).

five minutes peace - you tube link

<https://www.youtube.com/watch?v=gV2waouhJl4>

May You Find Peace

Response

10 mins

 Music

Sing this song together as a blessing and encouragement. You can have some fun playing pretend trumpets in the instrumental break.

The Point: To respond to the teaching.

Equipment

Recording of May You Find Peace by Fischy Music (on the album 'I Wonder Why' and also on itunes) and the means to play it.

May you find peace - you tube link

<https://youtu.be/J6v-UlvMXgU>

Kirigami Dove

Take Away

15 mins

 Craft Ideas

This item can be shared with your group using the QR code:

<https://www.thesprucecrafts.com/origami-peace-dove-instructions-2540776>



This activity will work well with the following Teaching Time activities: all.

Say that often we associate a dove with peace. You are going to make doves by folding and cutting paper in a particular way. The attachment has full, easy to follow instructions. You might find it easiest to split the children into smaller groups and have a leader take each group through the instructions step-by-step. NB: Make sure the leaders have practiced it once or twice beforehand so that they are confident.

The children could write 'Peace' on the dove once they are finished. You could also put a thread on them so that they can be hung up.

The Point: A session reminder.

Equipment

The attachment, white paper, scissors.